

Top Ten Most Traded Commodities

The list of the most common commodities and the exchanges they are normally dealt through are given below:

1. **Crude Oil and derivatives** – The most commonly traded commodity is Crude Oil, and its various derivatives such as heating oil and gasoline. These commodities are mostly traded in the New York Mercantile Exchange [NYMEX], ICE Futures, the Dubai Mercantile Exchange [DME] and the Central Japan Commodity Exchange [C-COM].
2. **Coffee** – The second most traded commodity is Coffee [value wise]. Coffee is mainly traded through the New York Board of Trade [NYBOT], the Kansai Commodities Exchange [in Osaka, Japan], the Singapore Commodities Exchange [SICOM] and Euronext [London].
3. **Agriculture** – Common commodities in agriculture include wheat, corn, maize, oats, rice, soybeans and they are traded in the Chicago Board of Trade [CBOT], the Kansai Commodities Exchange [in Osaka, Japan], the Risk Management Exchange [RMX-in Hannover], the Minneapolis Grain Exchange, the Winnipeg Commodity Exchange [WCE], The Tokyo Grain Exchange [TGE] and Euronext.
4. **Animals and Animal Products** – Animals and animal products such as live and feeder cattle, beef, frozen and fresh pork bellies, and eggs are mainly traded in the Chicago Mercantile Exchange [CME], Euronext, the Risk Management Exchange [RMX-in Hannover] and the Central Japan Commodity Exchange [C-COM].
5. **Cocoa, Butter, Orange juice and Sugar** – Items like cocoa, butter, orange juice and sugar are also commonly traded in the New York Board of trade [NYBOT] and Euronext.
6. **Metals** – Metals such as aluminum, nickel, copper, lead

and ferrous scrap are mainly traded in the New York Mercantile Exchange [NYMEX], the London Metal Exchange [LME], the Shanghai Futures Exchange [SFE], the Central Japan Commodities Exchange, Hedgestreet Exchange [in California], and the Tokyo Commodities Exchange [TOCOM].

7. **Precious Metals** – The other commonly traded commodities are precious metals such as gold, silver and platinum and they are traded in the New York Mercantile Exchange [NYMEX], the Brazilian Mercantile and Futures Exchange [BMF], the Dubai Gold and Commodities Exchange [DGCX], the National Commodity Exchange Limited [in Karachi, Pakistan] and the Tokyo Commodities Exchange [TOCOM].
8. **Plastic** – Plastic is traded in the London Metal Exchange [LME] and the Dalian Community Exchange [DCE-China]
9. **Natural Gas** – Natural gas is traded in the New York Mercantile Exchange [NYMEX] and ICE Futures.
10. **Bio-fuels** – Bio-fuels is another upcoming commodity and is now being traded in the Brazilian Mercantile and Futures Exchange [BMF], the Bursa Malaysia [MDEX], the Chicago Board of Trade [CBOT], the Chicago Mercantile Exchange [CME] and the New York Board of trade [NYBOT]



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